



- Approximately how many contacts do you have in your professional network (including the number of contacts on LinkedIn): \_\_\_\_\_
  - List your work-related skills and/or hobbies:
- 

**How can a mentor best assist you (check all that apply):**

- |  |   |
|--|---|
| <input type="checkbox"/> Expand/increase my professional network   | <input type="checkbox"/> Establish a LinkedIn account and profile |
| <input type="checkbox"/> Organizational skills                     | <input type="checkbox"/> Job contacts and opportunities           |
| <input type="checkbox"/> Resume and cover letter                   | <input type="checkbox"/> Conversational and interviewing skills   |
| <input type="checkbox"/> Professional networking groups and events |   |

***In order to qualify for Network Up, you must meet all of the following requirements. Please check the line to indicate that you have met the qualification:***

- Have a minimum of a high school diploma or GED;
- Have basic computer skills, reliable internet access, and a professional-looking email address;
- Have a reliable source of transportation;
- No criminal record;
- Have specific career goals and/or a desired job sector identified;
- Be highly motivated to find employment and committed to completing the Network Up program;
- Have a current completed resume; and
- Have a professional demeanor and a positive attitude.

***Please certify below:***

I certify that all of the information provided on this form is accurate and true.

I give my permission to Britepaths to share this form with my mentor.

***I hereby give consent to Britepaths to transport my records off-site and to use my data for statistical purposes while maintaining my personal information confidential. I understand that this information may be shared with third party organizations solely for the purposes of improving program services and understanding statistical trends. We do not sell, trade, or rent any of this information. I agree to complete a post program survey 90 days after receiving services.***

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**If you live in Alexandria or near the Route 1 corridor, return this form to Sally Meyer, Workforce Development Manager, [slmeyer@britepaths.org](mailto:slmeyer@britepaths.org).**

**For all other areas of Fairfax County, return this form to Jill Beres, Workforce Development Manager, [jberes@britepaths.org](mailto:jberes@britepaths.org), Fax 703-273-7171**