# 1. MEDICAL CARE SERVICE FOR YOU AND YOUR FAMILY



## Fairfax County Health Department Community Health Care Network (CHCN)

Fairfax County Health Department Community Health Care Network (CHCN) is a partnership of health professionals, physicians, hospitals, and local government. CHCN was formed to provide primary health services for low income, uninsured residents of

Fairfax County, who cannot afford primary medical care services for themselves and their families.

#### **CHCN locations and hours:**

## CHCN –Bailey's

6196 Arlington Blvd.

Falls Church, Virginia 22044

Telephone: 703-237-3446; TTY 711

Hours: Monday and Tuesday: 10:00 A.M. to 6:30 P.M Wednesday, Thursday and Friday 8:00 A.M. to 4:30 P.M.

#### • CHCN – South

8350 Richmond Highway, Suite 301

Alexandria, Virginia 22309

Telephone: 703-704-5333; TTY 711

Hours: Monday and Tuesday: 10:00 A.M. to 6:30 P.M Wednesday, Thursday and Friday: 8:00 A.M. to 4:30 P.M.

## • CHCN - North

11484 Washington Plaza West, #300

Reston, Virginia 20190

Telephone: 703-689-2180; TTY 711

Hours: Monday and Tuesday: 10:00 A.M. to 6:30 P.M

Friday: 8:00 A.M. to 4:30 P.M

## You may be eligible if you:

- ✓ Are a Fairfax County resident
- ✓ Are not insured for primary health care
- ✓ Meet income guidelines
- ✓ Can provide proof of your income

Call to see if you are eligible to receive service.

# Services available from Doctors and health Practitioners:

- ✓ Acute and Chronic Care
- ✓ Limited Laboratory, X-Rays, Prescriptions and Referrals
- ✓ Health Education and Counseling
- ✓ Health Education and Counseling



# **HealthWorks for Northern Virginia**

HealthWorks for Northern Virginia provides comprehensive primary health care for **entire family**, as well as dental care and behavioral services. For low income patients who qualify, discounted fees are

offered based on their household income and size.

#### Locations and hours:

#### **HealthWorks Herndon**

1141 Elden Street, 3<sup>rd</sup> Floor Alabama & Elden, behind 7 Eleven Herndon, Virginia 20170 Telephone: 703-481-8160 Monday – Friday:

8:00 A.M. to 5:30 P.M. Thursday Evening: 6 P.M. to 8 P.M.

## **HealthWorks Leesburg**

163 Fort Evans Road NE Leesburg, Virginia 20176 Telephone: 703-443-2000

Monday - Friday

8:00 A.M. to 5:30 P.M.

# To inquire about enrolling as a new patient, please call first.

#### The services include:

- Health Screening and Wellness
- Minor Office Procedures
- Women's health, including Pap smears and colposcopy
- New born and well-child care
- Sick visits and treatment of minor injuries
- School and annual physicals
- Immunizations
- Chronic disease management (hypertension, diabetes, heart disease, etc.)

- Prescriptions Assistance Program
- Health Education
- Care Coordination and referral services
- Behavioral health counseling
- Family Planning
- Dental

## **Greater Prince William Community Health Center**



The Center serves Prince William County and the Cities of Manassas and Manassas Park in Northern Virginia. It provides primary, prenatal, dental and behavioral health care to all residents, regardless of age, income or insurance status.

## Health Care for you and your family

The Greater Prince William Community Health Center will assist you in enrolling in Medicaid, Children's Health Insurance Program (CHIP) or the Insurance Marketplace. The link below will help you understand "How to get ready to enroll". Additional information is available: www.healthcare.gov. OR

Talk to a Care Coordinator at the Greater Prince William Community Health Center today! Trained Care Coordinators can assist **you and your family** with your decision about which insurance plan is right for you. Care Coordinators at the Center are to assist you in all aspects of your decision-making process, including helping you select the plan that's right for you.

Care Coordinators can be reached at 703-680-7950 or by email at information@gpwhealthcenter.org. Visit the website at <a href="https://www.gpwchc.org">www.gpwchc.org</a>

#### **Address:**

 4379 Ridge Center Drive, Suite 102, Woodbridge, Virginia 22192  9705 Liberia Avenue, Suite 201 Manassas, VA 20110



If your family does not have INTotal Health, now's the time to choose us to help take care of all your family's Medicaid benefits. With us, your family will get all the

regular Medicaid services, including:

- ✓ Physician care services from a primary care physician you choose from the INTotal Health network
- ✓ Prescription drug coverage
- ✓ Routine preventive vision care for all members and medically necessary eye-classes or contact lenses for members age 20 and under
- ✓ Transportation to doctor visits
- ✓ Hospitalization including emergency and outpatient care
- ✓ Specialist services
- ✓ Immunizations and well child checkups

To enroll your family in INTotal Health today, call the Managed Care HelpLine at 1-800-643-2273.

For more information about INTotal Health, call 1-855-323-5588

Website: www.intotalhealth.org

## Toll-Free Phone Numbers to Call for Help:

the state of the s		
Smiles for Children Dental Program	1-888-912-3456	
Department of Medical Assistance	1-800-643-2273	
Services Managed Care HelpLine	1-000-043-2273	
Transportation for home and	1-800-386-8331	
community based waiver services		
Social Security Administration (for social	1-800-772-1213	
security and disability questions)		



# Free Community Health Clinics (uninsured only)

A strategic partnership between George Mason University and Fairfax County Neighborhood and Community Services

## Services offered:

- School entry and youth athletic physicals
- ✓ General health physicals
- ✓ Screenings: hypertension, diabetes, asthma
- ✓ Urine pregnancy testing
- ✓ Vision screenings
- ✓ Hearing screenings
- ✓ Acute primary care visits (sore throats, congestion, etc.)

- ✓ Referral for chronic medical conditions, sexually transmitted infection screening- and referral for free testing to the Fairfax County Health District clinics
- ✓ Depression screening and referral for services
- ✓ Counseling on obesity
- ✓ Referral Services for continued care and medical home

## **Locations and hours:**

99 Adams Street,
 Manassas Park, Virginia 20111
 Telephone: 703-239-3493

Tuesdays: 8:00 A.M. to 12:00 P.M

 7224 Commerce Street, Apt. T-2 Springfield, Virginia 22150

Wednesdays: 9:00 A.M. to 1:00 P.M

Telephone: 703-239-3493

 3304B Culmore Court Falls Church, Virginia 22041 Telephone: 703-239-3493

Thursdays: 9:00 A.M. to 1:00 P.M.



Formerly known as Alexandria Neighborhood Health Services, Inc. (ANHSI) • a new name, the same great care •

Neighborhood Health provides a medical home for our patients. It partners with patients to address their concerns and work with them to treat the whole person through medical, behavioral health and dental programs. It offers multiple options for patients to engage our services to improve their experiences and health outcomes. It has 10 clinics throughout Arlington and Fairfax Counties.

Neighborhood Health wants to be your medical home. Contact at 703-535-5568 to schedule an appointment or visit www.neighborhoodhealthva.org

# 2. MEDICAL CARE SERVICE FOR CHILDREN



Virginia's Health Insurance Program for Children

#### 1. What are FAMIS and FAMIS Plus?

**FAMIS** is Virginia's health insurance program for children. It provides access to quality health services for children who do not have health insurance.

**FAMIS Plus** is Virginia's name for children's Medicaid. FAMIS Plus also provides great benefits and covers children in families with low or no income, even if the children are covered by health insurance.

When you apply for coverage, you children will be considered for both FAMIS and FAMIS Plus.

# 2. Who qualifies?

Children may be eligible for FAMIS and FAMIS Plus if they:

- Live in Virginia
- Are under age 19
- Are U.S. citizens (some non-citizens also qualify) A parent's citizenship is not considered.
- Meet certain income criteria (see below)

## FAMIS Income Limit (Gross)\*

Family Size	Monthly	Yearly
1	\$1,945	\$23,340
2	\$2,622	\$31,460
3	\$3,298	\$39,580
4	\$3,975	\$47,700
5	\$4,652	\$55,820

<sup>\*</sup>Effective January 22, 2014. Income limits are adjusted annually. Call for additional guidelines.

# 3. How do I apply?

Applying for FAMIS and FAMIS Plus is easy.

- Just call toll-free **1-855-242-8282** to apply by phone. Interpreters are available.
- Apply online at www.commonhelp.virginia.gov
- Download, print out and complete a paper application and mail it to the local Department of Social Services
- Visit the local Department of Social Services

For a list of document you will need when you apply, visit <a href="www.coverva.org">www.coverva.org</a> and click on the apply page. You will be asked to provide proof of the children's immigration status if they are not U.S. citizens. If your child is a U.S. citizen, you will be asked to provide your child's Social Security number on the application.

# 4. Cost to the Family?

There are no enrollment costs or monthly premiums for FAMIS. For some services, the family will have to pay a co-payment, but most co-payments are just \$2 or \$5. Some services like regular check-ups are free. There are no co-payments for FAMIS Plus.



# MCCP - Medical Care for Children Partnership Foundation

The Medical Care for Children Partnership offers low-income families a reduced-cost health care program for children up to age 19.

## Your children may be able to receive MCCP medical care if you:

- ✓ Live in Fairfax County or the cities of Fairfax
- ✓ Meet income guidelines
- ✓ Do not have affordable health insurance through an employer
- ✓ Do not qualify for Medicaid (FAMIS Plus and FAMIS)
- ✓ Cannot pay for doctor visits or medicine for your children; and
- ✓ Citizenship not required

For more information visit: MCCPFoundation.org; www.fairfaxcounty.gov/dfs/ss/mccp

**Telephone:** 703-286-0881

Email: info@mccpfoundation.org

**Contact:** Margery Leveen Sher

Executive Director MCCP Foundation 1616 Anderson Road McLean, VA 22102



## **Inova Cares Clinic for Children**

The services of Inova Cares for Children are primarily available for patients with Medicaid-DMAS, InTotal Health and Anthem HealthKeepers Plus. Patients who have applied for and been rejected by Medicaid may qualify for financial aid and a sliding scale fee schedule. The clinic offers both sick and well child for newborn through adolescence. The clinic cannot accept patients with Kaiser, Medicaid, Medicaid Premier or out of state Medicaid plans.

## **Available Services Include:**

- ✓ Yearly Check-ups
- ✓ Home Tomorrow Program
- ✓ Sick Visits
- ✓ School Forms
- ✓ Accidents

**Address:** 6400 Arlington Blvd. Suite 200

Falls Church, VA 22042 Phone: 703-531-3100 Fax: 703-531-3101

# ✓ Special Health Needs

#### Clinic hours:

Monday through Thursday: 8

A.M to 5:00 P.M

Friday: 8:30 A.M to 4:30 P.M Saturday: 9 A.M to 12 P.M



## **Care connection for Children**

Care connection for Children, sponsored by the Virginia Department of Health, is a statewide network of regional

programs that provides health care coordination, community support, and resources for children with special health care needs.

Northern Virginia Care Connection for Children is part of Inova and serves the following area:

**Counties:** Arlington, Loudoun, Prince William, Spotsylvania and Stafford **Cities:** Alexandria, Fairfax, Falls Church, Fredericksburg, Manassas City and Manassas Park

Your children and youth are eligible for the Care Connection for Children Program if they:

- ✓ Live in Virginia
- ✓ Are under the age 21
- ✓ Have a diagnosed physical condition that is expected to last 12 months or longer

If a child in your family has special health care needs, please contact:

Care Connection for Children – Northern Virginia 2700 Prosperity Avenue, Suite 100 Fairfax, VA 22031

> Phone: 703-698-2450 Fax: 703-698-2460 Toll Free: 1-866-222-0372



# **Prince William Pediatric Primary Care Project**

The mission of the Pediatric Primary Care Project is to place uninsured children in "medical homes" for the purposes of meeting their primary health care needs. **Most services are free or a very low cost.** 

# 1. Who can get the services?

- Uninsured children living in Prince William County, Manassas city and Manassas Park
- Under 18 years old
- Children must not be eligible for Medicaid or FAMIS, or have any other medical insures.
- Must not be pregnant.

## 2. What does the project offer?

- Medical Homes (Pediatrician)
- Parent Education Classes
- Case Management: any special medical needs
- Home Visits
- Links to Community Resources
- Access to some medical specialists

## 3. How to apply

For more information about application call 703-244-7310.

## 4. What kind of information do I have to provide?

You may have to provide some of the following documents:

- Paycheck stub you got in the last 60 days
- A letter from the employer
- Proof of self-employment income, unemployment benefits, child support, supplemental security income (SSI) or any other income.

A document showing how much do you spend on rent or mortgage

• Taxes from the last year

• Letter verifying financial support from a friend or family member

#### 5. Contact information

Phone: 703-244-7310 Address: Sentara Northern VA Medical Center

Fax: 571-542-9974 2300 Opitz Boulevard Email: <a href="mailto:pwppcp@gmail.com">pwppcp@gmail.com</a> Woodbridge, VA 22191



Anthem. HealthKeepers Plus Offered by HealthKeepers, Inc

#### We are:

- The only statewide Medicaid/FAMIS managed care organization (MCO) contracted with DMAS (Virginia Department of Medical Assistance)
- Proud to serve over 250,000 Virginias eligible for Medicaid and FAMIS
- Working with over 25,000 health care providers in Virginia in its Anthem network
- Dedicated to providing members all their Medicaid and FAMIS benefits, plus extra valueadded benefits at no cost

## Eligible Virginias may include:

- Children of working parents
- Children in foster care or adoption assistance
- Aged, blind and disabled adults receiving Social Security Income
- Low-income women who are pregnant and their children

## Virginias who would like to sign up for Medicaid or FAMIS should:

- Call Cover Virginia toll free at 1-855-242-8282 (TDD 1-888-221-1590)
   Monday through Friday: 8 A.M to 7 P.M; Saturday: 9 A.M to noon or
- Contact your local Department of Social Services or
- Visit www.anthem.com/vamedicaid

## 3. MEDICAL CARE SERVICE FOR WOMEN

# **E INOVA**

# **Inova Cares Clinic for Women**

The programs of Inova Cares for Women are accessible to all Fairfax County residents who present to the Health Department for prenatal treatment and meet the requirements for the countries' program.

#### **Available Services Include:**

- ✓ Centering Pregnancy-prenatal group visits
- ✓ High Risk Prenatal Care
- ✓ Nutritional Services: Diabetes Education
- ✓ Gynecologic Services- limited
- ✓ IUD Placement/ Family Planning Education
- ✓ Maternal Fetal Medicine- limited

- ✓ Non-Stress Test (NST)
- ✓ Routine Prenatal Care
- ✓ Ultrasounds performed on site
- ✓ Social Services Social Worker on site
- ✓ COLPO and LEEP
- ✓ Urology Gynecology limited
- ✓ Gynecologic Oncology limited
- ✓ Lab Draws on site

#### Addresses:

6400 Arlington Blvd.

Suite 210

Falls Church, VA 22042

Phone: 703-531-3000

Fax: 703-531-3142

1175 Herndon Parkway

Suite 500

Herndon, VA 20170 Phone: 703-464-6080 Fax: 703-326-1364 8350 Richmond Highway

Suite 233

Alexandria, VA 22309 Phone: 703-704-9013 Fax: 703-704-9018

## 4. OTHER MEDICAL SERVICE

#### Governor McAuliffe's Plan

The Governor will launch the Governor's Access Plan, or GAP, to make sure real health reforms reach our neediest citizens. The new and innovative plan will provide medical behavioral health care to approximately 20,000 uninsured Virginias with severe mental illnesses.

Launch Date: January, 2015

Governor McAuliffe's Plan can be found at <a href="http://governor.virginia.gov">http://governor.virginia.gov</a> under Press Releases for September 8<sup>th</sup>.



# NAMI - National Alliance on Mental Illness, Northern Virginia

NAMI is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI advocates for access to service,

treatment, supports and research and is steadfast in its commitment to raise awareness and build a community for hope for all of those in need. Peer-Led Education and Support Programs for individuals living with a mental health condition, family members, friends and our Community. **Programs offered at no cost to participants.** 

For more information or to become a member, visit: <a href="www.nami-northernvirginia.org">www.nami-northernvirginia.org</a>
Email us at: <a href="mailto:NAMINorthernVA@gmail.com">NAMINorthernVA@gmail.com</a> to be added to NAMI Northern Virginia's email list to receive announcements about upcoming programs and events.



## **Inova Juniper Program**

Inova Juniper Program is Northern Virginia's largest provider of HIV/AIDS care. We are proud to offer all aspects of primary medical care and mental health, substance abuse and case management services to HIV positive individuals along with a history of delivering compassionate HIV/AIDS clinical and education services.

Our convenient services are available at locations around Northern Virginia. We provide compassionate, dignified care to individuals regardless of their sex, race, background, sexual orientation, religious preference, financial status or insurance coverage. At any given time, Inova Juniper provides services to about 700 active clients.

# **New office**

Open Monday through Friday
Inova Juniper Program
2740 Prosperity Avenue, Suite 200
Fairfax, VA 22031
(Map and interactive directions)

703-321-2600

Fax: 703-204-9034

# **Arlington office**

Open Monday through Friday 5015 Lee Highway, Suite 102 Arlington, VA 22207 **703-522-1175** 

Fax: 703-522-2608

# **Dumfries office**

Open Monday through Friday 18003 Fraley Boulevard Dumfries Plaza Dumfries, VA 22026 703-221-8860

Fax: 703-221-8381

#### Herndon office

*Open Monday through Friday* 1175 Herndon Parkway, Suite 850 Herndon, VA 20170 **703-464-6090** 

# **Leesburg office**

Open Monday through Friday 211 Gibson Street NW, Suite 206 Leesburg, VA 20176 703-779-5499

#### Manassas office

Open Monday through Friday 8807 Sudley Road, Suite 107 Manassas, VA 20110

Fax: 703-396-8393

703-396-8391

#### Mount Vernon office

Open Tuesdays
South County Center
8350 Richmond Highway, Suite 233
Alexandria, VA 22309

703-704-6132

Fax: 703-704-6671

# **Nova Scripts Central**

Nova Scripts Central is unlike any pharmacy you have ever known. It delivers much more than free medications to low-income uninsured chronically ill children and adults. To find a safety – net clinic in your area where you can receive free or reduced cost care, please go to <a href="https://www.novaclinics.org">www.novaclinics.org</a>. The clinic can hook you up with us.

#### Location and contact for more information

6400 Arlington Blvd, Suite 120 Falls Church, VA 22042

Phone: 703-532-0269

www.novascriptcentral.org

Email: info@novascriptscentral.org

#### **General information - Free Insurance Enrollment Services**

## **Insurance Marketplace**

The Marketplace is designed to help you find health insurance that fits your budget with less hassle. Plans will be run by private companies and the federal government will provide an immediate tax credit to offset your costs. Benefits vary but you decide what is covered.

#### Medicaid

Medicaid is a health insurance program funded by state and federal government that pays for health care for those with low incomes. Benefits vary but may include coverage for doctor/dental visits, prescriptions, well-child exams, immunizations, and prenatal care. Eligibility is based on age, income, residency status, disability, and pregnancy.

## **Children's Health Insurance Program**

Children's Health Insurance Program is a health insurance program funded by state and federal government that pays for health care for those with low incomes. Benefits vary but may include coverage for doctor visits, well-child exams, immunizations, and dental care. Families enrolled in the program pay co-pays at the doctor's office. Eligibility is based on age, residency, and income.

## Medicare

Medicare is a health insurance program funded by federal government that pays for health care for the elderly and disabled. Benefits vary but may include doctor visits, prescription medications and other services. Eligibility requires individuals to be 65 or older or a specific list of disabilities, and have lived in the USA for five years.