

The Naomi Project

Naomi Project and Community Resources for Mentors and Clients

NAOMI PROJECT RESOURCES

<https://britepaths.org/our-programs/naomi-project>

For information about and access to the following forms and information:

Naomi Project Encounter Report

Naomi Project Goals Checklist

Naomi Project Reading Program – Send info on new babies to Naomiproject@outlook.com. Books and a baby blanket will be given to you to give to your client

Naomi Storage Closet – Send a request for items such as baby equipment, clothes, diapers, etc. to Naomiproject@outlook.com and arrangements will be made to accommodate your request

www.britepaths.org

For information and resources available through Britepaths, the parent organization of the Naomi Project. Programs include: Food Bridge / Financial Literacy Program: Mentoring & Counseling, Financial Assistance / Project Bridge / Back to School supplies / and The Naomi Project.

LIKE The Naomi Project on Facebook! <https://www.facebook.com/NaomiProjectofNorthernVirginia/>

BREASTFEEDING

www.llvawv.org – The La Leche League of Northern Virginia. The La Leche League offers meetings and breastfeeding cafes, and can help mothers by phone and in person.

CHILD CARE AND SAFETY

<http://www.fairfaxcounty.gov/hd/pcs/child-safety-seat.htm> – For information about the county's Low-Income Child Safety Seat Distribution and Education Program.

<http://www.fairfaxcounty.gov/ofc/childcareoptions.htm> -- For information from the Fairfax County Office for Children. This site offers information about hundreds of child care providers and hundreds of child care centers in Fairfax County. The information below describes different types of child care arrangements you might consider when deciding what's best for you and your child.

<http://www.dcdiaperbank.org> – For information about how DC Diaper Bank works to provide an adequate and reliable supply of diapers to babies, toddlers and their families in the Washington, DC metropolitan area. Diapers are necessary and expensive. In DC, 44% of children under age three live in low-income families. In Maryland the number is 33%, and in Virginia 36% of three-year-olds share this reality. The cost of living in the DC metro area is the 8th highest in the country.

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CHILD HEALTH CARE

www.coverva.org – For information about Cover Virginia! On this website you can learn about Virginia's Medicaid and FAMIS programs for children, pregnant women and adults. You can also get information about health insurance options available through the Federal Marketplace. You can apply online or search for someone who can assist you with your application.

<http://www.fairfaxcounty.gov/dfs/ss/mccp/mccp-information.htm> – For information about Medical Care for Children Partnership Foundation (MCCP).

www.inova.org/inova-in-the-community/care-connection-for-children/index.jsp -- For information about Care Connection for Children.

DOMESTIC VIOLENCE

<http://www.doorwaysva.org> – For information from Doorways for Women and Families about domestic violence, homelessness, emotional support for children who are homeless.

<http://www.fairfaxcounty.gov/domesticviolence/dvac/> -- For information about resources and services available through Fairfax County's Domestic Violence Action Center (DVAC).

HEALTH CARE

[Novaclinics.org/home](http://novaclinics.org/home) – For information about the Virginia Health Services Coalition, a group of clinics providing care for low income residents.

<http://novahealthfdn.org/health-wellness-directory/> – The Northern Virginia Health Foundation developed the Northern Virginia Health and Wellness Directory as a resource for all who share our vision of a community with the capacity to be and stay healthy.

<http://www.inova.org/wellness/childbirth-education> -- For information about childbirth education and tours at Inova.

<http://healthbitesva.org/> – For information on good nutrition, healthy exercise, healthy choices.

<http://www.fairfaxcounty.gov/hd/pcs/hdchcn.htm> – For information about the Fairfax County Community Health Care Network (CHCN). CHCN is a partnership of health professionals, physicians, hospitals and local government. CHCN was formed to provide primary health services for low income, uninsured residents of Fairfax County and the cities of Fairfax and Falls Church, who cannot afford primary medical care services for themselves and their families. The Fairfax County Health Department operates three health centers located in Falls Church, Alexandria and Reston. These centers have been established to provide the kind of medical care offered in a family doctor's office. When needed, medical specialists, ancillary services, and other referrals will be made, as available.

<http://Hwnova.org> – For information about HealthWorks for Northern Virginia.

<http://gpwhealthcenter.org/> – For information about the Greater Prince William Community Health Center.

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<http://www.fairfaxcounty.gov/ncs> – For information about Fairfax County’s Neighborhood and Community Services.

<http://www.vafreeclinics.org/> -- For information from the Virginia Association of Free and Charitable Clinics about how to find a free clinic that provides care to low income, uninsured, under insured residents at little or no cost.

<http://www.dmas.virginia.gov> -- For information about Medicaid in Virginia.

TRANSPORTATION

<https://www.wmata.com> – For information about the Washington Metropolitan Area Transit Authority including service; schedules and maps; rider guides; fares; etc.

IMMIGRATION

IMPORTANT: Naomi Project policy regarding immigration issues for our clients: Guide clients to seek information with Legal Aid Justice Center website <https://www.justice4all.org/immigrant-advocacy-program> (specifically the page on immigrant advocacy). 6066 Leesburg Pike, Suite 520 Falls Church VA 22041 Phone: (703) 778-3450. Immigration advocacy contact Simon Sandoval, simon@justice4all.org; (703) 778-3450.

Our clients have rights. They do not have to open the doors of their homes to the ICE agents. Only if the agents have a warrant signed by a judge must they comply. Our clients have the right to remain silent. They should politely say they are using their right to remain silent. Our clients may want to have an emergency plan which involves a power of attorney. They may want to sign a short term power of attorney to one of our mentors. This is a very complicated situation. Our mentors should not be giving advice or legal help. They should help their clients contact the Legal Aid Justice Center where there are many lawyers (40-60) working pro bono to help with this issue.

LITERACY / ESOL

<http://lcnv.org/> – For information and programs offered through the Literacy Council of Northern Virginia. The mission of the Literacy Council of Northern Virginia (LCNV) is to teach adults the basic skills of reading, writing, speaking, and understanding English in order to empower them to participate more fully and confidently in their communities. LCNV serves low-literacy and limited English language proficient adults with a selection of low-cost, moderately intensive courses to help them transition into the workforce or other educational opportunities. LCNV provides the crucial first steps of language and literacy learning for workplace, citizenship, and community integration to help adults make measurable improvements in their lives.

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MENTAL HEALTH

<http://www.postpartumva.org> – For information from Postpartum Support Virginia. The mission of this organization is to help new and expectant mothers and their families overcome anxiety, depression, and other perinatal mood and anxiety disorders (PMADs).

www.nami-northernvirginia.org – For information from the National Alliance on Mental Illness (NAMI), of Northern Virginia. NAMI is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.

PARENTING

<http://www.fairfaxcounty.gov/dfs/childreneyouth/parentingresource/parentinged.htm> -- For information about Fairfax County parenting education classes and resources.

<http://www.insteppc.com/group-therapy/parenting/> -- In Step has offered comprehensive counseling and consultation services to families in the metro DC area since 1995. Our highly experienced clinicians offer a full range of services including: counseling, group therapy, testing, etc.

SOCIAL SERVICES

<http://211metrodc.org/> – Dial 2-1-1 for assistance in Washington, D.C., Maryland, and Virginia. Find assistance when you or someone you know needs help. There are thousands of health and human services programs available to assist you — from child care, jobs, health care, and insurance — to emergency services to help you in times of disaster or emergency.

<http://www.fairfaxcounty.gov/hd/> -- Fairfax County Health Department site. Find important links to information about clinics, services, immunizations, health codes, etc.

www.fairfaxcounty.gov/hd/wic/ -- For information about the Women, Infants, and Children (WIC) program. WIC is a short-term intervention program designed to influence nutrition and health behaviors of those eligible for assistance through WIC.

<http://www.fairfaxcounty.gov/csb/> -- For information from the Fairfax-Falls Church Community Services Board about local services for people with mental illness, substance abuse disorders, intellectual and developmental disabilities, and emergency mental health services.

<http://www.nvfs.org> – For information about services available through Northern Virginia Family Services, including legal services, cars, health and wellness, dental, and mental health.

<http://fairfaxdvcommunity.org/> -- For information to help you understand the services and resources for domestic violence available in Fairfax County.

<http://novaregion.org/index.aspx?nid=281> -- For information and a Quick Guide Online from the Northern Virginia Regional Commission.

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<http://womengivingback.org/> -- For information about Women Giving Back. The mission of this organization is to support women and children in crisis, and build their confidence and self-esteem, by providing great quality clothing at no cost, assisted by caring and committed volunteers who offer personalized service and interaction.

WORKFORCE DEVELOPMENT

<http://www.lacocinava.org/> -- For information about programs available through La Cocina, Northern Virginia. This organization is committed to generating job opportunities for unemployed Hispanics through job training in the hospitality and food service industries to obtain a certificate of completion in a workforce development program by Northern Virginia Community College.

<http://computercore.org/newsite/> -- For information about Computer C.O.R.E.'s mission to teach low-income adults the technological and life skills needed to pursue their career aspirations. **Through computer training and job skills**, CORE offers highly motivated, low-income individuals the opportunity to transform their careers and improve their lives. Students apply to participate in a six-month program designed to prepare them for all aspects of their careers, from computer skills to resume writing and interview advice. **CORE's client-centered approach** features affordable classes, convenient scheduling and multiple locations – making career advancement a more attainable goal.

<http://www.fairfaxcounty.gov/dfs/ss/employtraining.htm> --For information about job training resources available through Fairfax County. Job seekers and employers in Northern Virginia have access to a comprehensive system of employment and training services and resources — offered at no cost through a network of employment resource centers, called *SkillSource* centers located throughout the Northern Virginia area.

<http://www.fairfaxcountyeda.org/doing-business-here/workforce/workforce-development> -- The Fairfax County Public Schools **Adult and Community Education Program** offers courses designed to bring small business owners and entrepreneurs up-to-speed on financing, marketing and managing a business. The program also offers customized work site training options for employers on topics such as English as a second language in the workplace, cultural diversity training, technology classes, business English, management skills, customer service and adult basic education. Apprenticeship-related instruction and distance education options also are available.

<http://www.nvcc.edu/acp/> -- For information about Northern Virginia Community College's Adult Career Pathways (ACP). ACP provides adult students with a support system specifically designed to assist them navigating the unique challenges they face while attending college.

<https://www.nvcc.edu/workforce/> -- Northern Virginia Community College's Workforce Development offers in-person and online training to fit a vast array of needs.


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GENERAL INFORMATION

www.text4baby.org -- For FREE messages on your cell phone through pregnancy and baby's first year. Sponsored by the Food and Drug Administration's Office of Women's Health. Text BABY to 511411.

Pimsleurapproach.com – For information about hand gestures and how to use them. Such as, the Hand Jive; Hand Gestures Infographic: American hand gestures that can get you in trouble abroad. Use the Internet to find information about your client's culture.

fairfaxcounty.gov  Language Translation icon. Information found on the county Web site can be translated into many languages with a few clicks of a mouse. - Click on the "Language translation", located at the bottom center of the county Web page (next to globe made of flags). - Click on the globe, select the language, then click the grey "return to the last viewed page" button under the language selection box to return to the content to be translated. - The language translator is located at the bottom of every county Web page to easily translate whichever page is viewed. [may be difficult to change languages – may have to leave the site and re-enter].
