Britepaths Needs Help to Provide Holiday Meals
Fairfax nonprofit is assisting 500 local families.

When people think of Thanksgiving and Christmas, they often think about the special foods associated with them, including turkey, stuffing, a wide array of side dishes and delicious desserts. But for families in Fairfax County struggling to put food on their tables, at all – let alone, during the holidays – special meals are completely out of their reach.

That’s where Fairfax-based nonprofit Britepaths comes in – with help from the community. And if area residents, churches and other organizations are as generous as they have been in the past, then Britepaths will be able to make sure that 500 county families in need can purchase food for their Thanksgiving and December holiday meals and buy presents for their children.

“For the families that stabilize families and help them build resilience against crises.

Mini-Grants for Youth-Led Projects to Reduce Stigma of Mental Illness
The Fairfax-Falls Church Community Services Board (CSB) is once again offering mini-grants for youth-led projects to reduce stigma among their peers, with support from the Suicide Prevention Alliance of Northern Virginia which is funded by the Virginia Department of Behavioral Health and Developmental Services. In addition to the goal of reducing the stigma around mental illness, the mini-grants also aim to promote help-seeking behaviors. While mental health concerns and disorders are common, frank discussions about them are not a common occurrence. Suicide is the third leading cause of death in youth ages 10-24. These mini-grants will fund youth-planned, youth-led projects within Fairfax County, Fairfax City, and Falls Church City, to be completed by August 15, 2022. A total of $6,000 is available, for requests not to exceed $1,000 each.

Proposals are due Monday, Nov. 29, 2021 and awards will be announced Friday, Dec. 3, 2021. For more information on the program, some ideas from previous awardees, and how to apply visit the Fairfax-Falls Church Community Services Board (CSB) website https://www.fairfaxcounty.gov/community-services-board/sites/community-services-board/files/assets/documents/2021-2022%20youth-led-mini-grant-RFP.pdf

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